# Notes on Riemann Integral 

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These notes will explain the classical theory of integration due to B. Riemann. Throughout the notes we will always assume that
a) the function $f$ is defined on a closed bounded interval $f:[a, b] \rightarrow \mathbb{R}$
b) the function $f$ is bounded: $m \leq f(x) \leq M$ for all $x \in[a, b]$.

Note 1. It's important to set the distinction between the (Riemann) integral and the antiderivative. The Riemann integral is the "area" under the graph of a function. The antiderivative is the "reverse" of the derivative.

The link between these two concepts is given by the Fundamental Theorem of Calculus that will be explained and proved within these notes.

## 1 Definition and first properties

Definition 2. Consider a closed bounded interval $[a, b]$. A partition $P$ of $[a, b]$ is a (finite) set of numbers

$$
a=x_{0}<x_{1}<\ldots<x_{n-1}<x_{n}=b .
$$

Let $f:[a, b] \rightarrow \mathbb{R}$ be a bounded function and $P$ be a partition of $[a, b]$, then we can define

$$
\begin{aligned}
& m_{i}:=\inf \left\{f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\} \\
& M_{i}:=\sup \left\{f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}
\end{aligned}
$$

Definition 3. We call lower sum of $f$ with respect to the partition $P$ the quantity

$$
L(f, P):=m_{1}\left(x_{1}-x_{0}\right)+m_{2}\left(x_{2}-x_{1}\right)+\ldots+m_{n}\left(x_{n}-x_{n-1}\right)=\sum_{i=1}^{n} m_{i} \Delta x_{i}
$$

where $\Delta x_{i}:=x_{i}-x_{i-1}$.
Analogously, we define the upper sum of $f$ with respect to the partition $P$ the quantity

$$
U(f, P):=M_{1}\left(x_{1}-x_{0}\right)+M_{2}\left(x_{2}-x_{1}\right)+\ldots+M_{n}\left(x_{n}-x_{n-1}\right)=\sum_{i=1}^{n} M_{i} \Delta x_{i}
$$

Remark 4 (Geometric interpretation). If the function $f$ is non negative $(f(x) \geq 0$ for all $x \in[a, b]$ ), then for any partition $P$ of the interval $[a, b]$, the lower sum $L(f, P)$ is equal to the sum of the areas of some rectangles which have base equal to $\Delta x_{i}$ and height equal to $m_{i}$. Similarly, the upper sum $U(f, P)$ is the sum of the areas of rectangles whose base is equal to $\Delta x_{i}$ and height is equal to $M_{i}$.
Proposition 5. Given a function $f:[a, b] \rightarrow \mathbb{R}$ bounded. In particular, let

$$
m:=\inf _{[a, b]} f(x) \quad M:=\sup _{[a, b]} f(x)
$$

Then, for any partition $P$ of $[a, b]$, we have

$$
m(b-a) \leq L(f, P) \leq U(f, P) \leq M(b-a)
$$

Proof. It follows from the fact that $m \leq m_{i} \leq M_{i} \leq M$ for all $i=1, \ldots, n$.

$$
\begin{aligned}
m(b-a)=m \sum_{i=1}^{n} \Delta x_{i}= & \sum_{i=1}^{n} m \Delta x_{i} \leq \sum_{i=1}^{n} m_{i} \Delta x_{i}(=L(f, P)) \leq \sum_{i=1}^{n} M_{i} \Delta x_{i}(=U(f, P)) \leq \\
& \leq \sum_{i=1}^{n} M \Delta x_{i}=M \sum_{i=1}^{n} \Delta x_{i}=M(b-a)
\end{aligned}
$$

Consequence: the sets

$$
\begin{aligned}
\mathcal{L} & :=\{L(f, P) \mid P=\text { partition of }[a, b]\} \\
\mathcal{U} & :=\{U(f, P) \mid P=\text { partition of }[a, b]\}
\end{aligned}
$$

are bounded sets in $\mathbb{R}$, therefore there exist $\sup \mathcal{L}$ and $\inf \mathcal{U}$.
Definition 6. Let $f:[a, b] \rightarrow \mathbb{R}$ be a bounded function, then $f$ is Riemann integrable (and we denote it as $f \in \mathcal{R}([a, b]))$ if

$$
\sup _{P} L(f, P)=\inf _{P} U(f, P)
$$

We call the (Riemann) integral of $f$ over $[a, b]$ the real number

$$
\sup _{P} L(f, P)=\inf _{P} U(f, P)=: \int_{a}^{b} f(x) \mathrm{d} x
$$

Remark 7 (Geometric interpretation). If the function $f$ is non negative $(f(x) \geq 0$ for all $x \in[a, b]$ ), we can define

$$
T=\left\{(x, y) \in \mathbb{R}^{2} \mid a \leq x \leq b, 0 \leq y \leq f(x)\right\}
$$

Then for any partition $P$ of the interval $[a, b]$, the lower sum $L(f, P)$ is the area of a multi-rectangle that is contained in $T$ and the upper sum $U(f, P)$ is the area of a multi-rectangle that contains $T$.

If $f \in \mathcal{R}([a, b])$, then

$$
\operatorname{area}(T)=\sup _{P} L(f, P)=\inf _{P} U(f, P)=\int_{a}^{b} f(x) \mathrm{d} x
$$

Proposition 8. Let $f:[a, b] \rightarrow \mathbb{R}$ a bounded function.
a) for any choice of partitions $P_{1}$ and $P_{2}, L\left(f, P_{1}\right) \leq U\left(f, P_{2}\right)$
b) $f \in \mathcal{R}([a, b])$ if and only if $\forall \epsilon>0 \exists P^{\star}$ partition of $[a, b]$ such that

$$
U\left(f, P^{\star}\right)-L\left(f, P^{\star}\right)<\epsilon .
$$

Proof. a) Suppose we have a partition $P=\left\{x_{0}<x_{1}<\ldots<x_{n-1}<x_{n}\right\}$ and we add one point $y$ to it: we call $\widetilde{P}=\left\{x_{0}<x_{1}<\ldots<x_{j-1}<y<x_{j}<\ldots<x_{n-1}<x_{n}\right\}$ the new partition.

Then, we have that $m_{i}$ and $M_{i}$ are always the same for all the intervals $\left[x_{i-1}, x_{i}\right]$, except the $j$-th one where we have

$$
\begin{aligned}
& m_{j}=\inf _{\left[x_{j}-x_{j-1}\right]} f(x) \leq\left\{\begin{array}{l}
\widetilde{m_{j}}:=\inf _{\left[x_{j-1}, y\right]} f(x) \\
\widetilde{\widetilde{m}}_{i}:=\inf _{\left[y, x_{j}\right]} f(x)
\end{array}\right. \\
& M_{j}=\inf _{\left[x_{j}-x_{j-1}\right]} f(x) \geq\left\{\begin{array}{l}
\widetilde{M}_{j}:=\sup _{\left[x_{j-1}, y\right]} f(x) \\
\widetilde{\widetilde{M}}_{i}:=\sup _{\left[y, x_{j}\right]} f(x)
\end{array}\right.
\end{aligned}
$$

Calculating the lower sum, we have that (split the interval $\left[x_{j-1}, x_{j}\right]$ into two intervals $\left[x_{j-1}, y\right]$ and $\left[y, x_{j}\right]$ )

$$
\begin{gathered}
L(f, P)=m_{1} \Delta x_{1}+\ldots+m_{j} \Delta x_{j}+\ldots+m_{n} \Delta x_{n}= \\
m_{1} \Delta x_{1}+\ldots+m_{j}\left(x_{j}-x_{j-1}+y-y\right)+\ldots+m_{n} \Delta x_{n} \leq \\
\leq m_{1} \Delta x_{1}+\ldots+\widetilde{m_{j}}\left(y-x_{j-1}\right)+\widetilde{m_{i}}\left(x_{j}-y\right)+\ldots+m_{n} \Delta x_{n}=L(f, \widetilde{P}) ;
\end{gathered}
$$

the same holds for the upper sum:

$$
\begin{gathered}
U(f, P)=M_{1} \Delta x_{1}+\ldots+M_{j} \Delta x_{j}+\ldots+M_{n} \Delta x_{n} \geq \\
\geq M_{1} \Delta x_{1}+\ldots+\widetilde{M}_{j}\left(y-x_{j-1}\right)+\widetilde{\widetilde{M}}_{i}\left(x_{j}-y\right)+\ldots+M_{n} \Delta x_{n}=U(f, \widetilde{P}) .
\end{gathered}
$$

We can repeat this argument by adding a finite number of points.
Therefore, given two partitions $P_{1}$ and $P_{2}$, let's consider the partition $\widetilde{P}=P_{1} \cup P_{2}$ (the partition considering all the points of $P_{1}$ and $P_{2}$ ) and we have

$$
L\left(f, P_{1}\right) \leq L(f, \widetilde{P}) \leq U(f, \widetilde{P}) \leq U\left(f, P_{2}\right)
$$

b)
$(\Rightarrow)$ If $f \in \mathcal{R}([a, b])$, then we have $\sup _{P} L(f, P)=\inf _{P} U(f, P)$. By the properties of sup and inf, for any $\epsilon>0$ there exist two partitions $P_{1}$ and $P_{2}$ such that

$$
L\left(f, P_{1}\right)<\sup _{P} L(f, P)-\frac{\epsilon}{2} \quad \text { and } \quad U\left(f, P_{2}\right)>\inf _{P} U(f, P)+\frac{\epsilon}{2}
$$

Take the partition $P^{\star}:=P_{1} \cup P_{2}$, then thanks to point $a$ ) above

$$
U\left(f, P^{\star}\right)-L\left(f, P^{\star}\right) \leq U\left(f, P_{2}\right)-L\left(f, P_{1}\right)<\inf _{P} U(f, P)+\frac{\epsilon}{2}-\sup _{P} L(f, P)+\frac{\epsilon}{2}=\epsilon .
$$

$(\Leftarrow)$ Viceversa, if for any $\epsilon>0$ there exists a partition $P^{\star}$ such that $U\left(f, P^{\star}\right)-L\left(f, P^{\star}\right)<\epsilon$, since $L\left(f, P^{\star}\right) \leq \sup _{P} L(f, P) \leq \inf _{P} U(f, P) \leq U\left(f, P^{\star}\right)$, it follows that

$$
\inf _{P} U(f, P)-\sup _{P} L(f, P)<U\left(f, P^{\star}\right)-L\left(f, P^{\star}\right)<\epsilon \longrightarrow 0
$$

Therefore, $\inf _{P} U(f, P)=\sup _{P} L(f, P)$ and $f \in \mathcal{R}([a, b])$.
Definition 9. Given a partition $P$, we call a refinement of $P$ a new partition $\widetilde{P}$ that has the same points as $P$ plus some extra (finite number of) points.

Remark 10. It follows from the previous proposition that in general we have

$$
\sup _{P} L(f, P) \leq \inf _{P} U(f, P)
$$

and the equality is achieved only for integrable functions $f \in \mathcal{R}([a, b])$.
Example 1. Let $f(x)=c \forall x \in[a, b]$ a constant function. For any partition $P$ of $[a, b]$ we have that $m_{i}=M_{i}=c$ for all $i=1, \ldots, n$. Therefore, $\forall P$

$$
L(f, P)=U(f, P)=\sum_{i=1}^{n} c \Delta x_{i}=c(b-a)
$$

Taking the sup and inf we still get the same number, therefore $f \in \mathcal{R}([a, b])$ and $\int_{a}^{b} f(x) \mathrm{d} x=$ $\sup _{P} L(f, P)=\inf _{P} U(f, P)=c(b-a)$.

Example 2. Consider the Dirichet's function over the interval $[0,1]$

$$
f(x)= \begin{cases}1 & x \in[0,1] \cap \mathbb{Q} \\ 0 & x \in[0,1] \cap \mathbb{R} \backslash \mathbb{Q}\end{cases}
$$

For any partition $P$ we have that $m_{i}=0$ and $M_{i}=1$ for all $i=1, \ldots, n$, therefore $L(f, P)=0$ and $U(f, P)=1$. Taking the sup and inf we still get the same values:

$$
\sup _{P} L(f, P)=0<\inf _{P} U(f, P)=1
$$

therefore $f \notin \mathcal{R}([a, b])$.
Example 3. Let $f:[0,2] \rightarrow \mathbb{R}$

$$
f(x)= \begin{cases}1 & x \in[0,1) \\ \frac{1}{2} & x=1 \\ 0 & x \in(1,2]\end{cases}
$$

Let $0<\epsilon<1$ and consider the partition $\bar{P}=\left\{0<x_{1}:=1-\epsilon<x_{2}:=1+\epsilon<2\right\}$, then we have

$$
\begin{array}{lr}
m_{1}=\inf _{[0,1-\epsilon]} f(x)=1 & M_{1}=\sup _{[0,1-\epsilon]} f(x)=1 \\
m_{2}=\inf _{[1-\epsilon, 1+\epsilon]} f(x)=0 & M_{2}=\sup _{[1-\epsilon, 1+\epsilon]} f(x)=1 \\
m_{3}=\inf _{[1+\epsilon, 2]} f(x)=0 & M_{3}=\sup _{[1+\epsilon, 2]} f(x)=0
\end{array}
$$

and we compute the lower and upper sum:

$$
\begin{aligned}
L(f, \bar{P}) & =m_{1}[(1-\epsilon)-0]+m_{2}[(1+\epsilon)-(1+\epsilon)]+m_{3}[2-(1+\epsilon)]=1-\epsilon \\
U(f, \bar{P}) & =M_{1}[(1-\epsilon)-0]+M_{2}[(1+\epsilon)-(1+\epsilon)]+M_{3}[2-(1+\epsilon)]=1+\epsilon .
\end{aligned}
$$

In conclusion,

$$
\inf _{P} U(f, P)-\sup _{P} L(f, P)<U(f, \bar{P})-L(f, \bar{P})=2 \epsilon
$$

Since $\epsilon$ can be arbitrarily small, we have the equality $\sup _{P} L(f, P)=\inf _{P} U(f, P)=1$ and therefore $f \in \mathcal{R}([a, b])$ and $\int_{0}^{2} f(x) \mathrm{d} x=1$.

## 2 The class of functions $\mathcal{R}([a, b])$

How can we spot an integrable function? The following theorem gives us some sufficient condition for a function to be (Riemann) integrable.

Theorem 11. Let $f:[a, b] \rightarrow \mathbb{R}$ be a bounded function.
a) If $f$ is continuous on $[a, b]$, then $f \in \mathcal{R}([a, b])$.
b) If $f$ is monotone on $[a, b]$, then $f \in \mathcal{R}([a, b])$.

Proof. a) $f$ is continuous on a closed bounded interval $[a, b]$, therefore $f$ is uniformly continuous, meaning that $\forall \epsilon>0$ there exists $\delta=\delta(\epsilon)$ such that $|f(x)-f(y)|<\epsilon$ for $|x-y|<\delta(x, y \in[a, b])$.

Consider a partition $P$ of $[a, b]$ such that the distance between the points is smaller than $\delta$ : $\Delta x_{i}<\delta$ for all $i=1, \ldots, n$. On the other hand, $f$ is continuous on each interval $\left[x_{i-1}, x_{i}\right]$, therefore it achieves its maximum and minimum:

$$
f\left(t_{i}\right)=\max _{\left[x_{i-1}, x_{i}\right]} f(x) \quad f\left(s_{i}\right)=\min _{\left[x_{i-1}, x_{i}\right]} f(x)
$$

for some points $t_{i}, s_{i} \in\left[x_{i-1}, x_{i}\right]$, for all $i=1, \ldots, n$.
Calculating the lower and upper sums, we have

$$
U(f, P)-L(f, P)=\sum_{i=1}^{n}\left[f\left(t_{i}\right)-f\left(s_{i}\right)\right] \Delta x_{i}<\epsilon \sum_{i=1}^{n} \Delta x_{i}=\epsilon(b-a)
$$

The statement follows from point b) of Proposition 8.
b) Assume $f$ is increasing (for $f$ decreasing the argument is the same). Consider the partition $P^{(n)}$ which divides the interval $[a, b]$ into $n$ sub-intervals of equal length (and the length is $\frac{b-a}{n}$ ), meaning $x_{i}=a+i \frac{b-a}{n}, i=0, \ldots, n$.

Then, since $f$ is increasing, we have $m_{i}=\inf _{\left[x_{i-1}, x_{i}\right]} f(x)=f\left(x_{i-1}\right)$ and $M_{i}=\sup _{\left[x_{i-1}, x_{i}\right]} f(x)=$ $f\left(x_{i}\right)$; the lower and upper sums are

$$
\begin{aligned}
U(f, P) & -L(f, P)=\sum_{i=1}^{n}\left[f\left(x_{i}\right)-f\left(x_{i-1}\right)\right] \Delta x_{i}=\sum_{i=1}^{n}\left[f\left(x_{i}\right)-f\left(x_{i-1}\right)\right] \frac{b-a}{n} \\
& =\frac{b-a}{n} \sum_{i=1}^{n}\left[f\left(x_{i}\right)-f\left(x_{i-1}\right)\right]=\frac{b-a}{n}[f(b)-f(a)] \longrightarrow 0
\end{aligned}
$$

as long as $n \nearrow+\infty$.
More generally, we have the following theorem
Theorem 12. Let $f:[a, b] \rightarrow \mathbb{R}$ be a bounded function with finitely many discontinuities (i.e. $f$ is continuous on $[a, b]$ except on a finite number of points $)$, then $f \in \mathcal{R}([a, b])$.

Sketch of the proof. Divide the interval $[a, b]$ into finitely many subintervals $\left[a_{i-1}, a_{i}\right]$ where $f$ is continuous on the interior: $[a, b]=\left[a_{1}, a_{2}\right] \cup\left[a_{2}, a_{3}\right] \cup \ldots \cup\left[a_{n-1}, a_{n}\right]$. Then, $f \in \mathcal{R}\left(\left[a_{i-1}, a_{i}\right]\right)$ for all the subintervals $\left[a_{i-1}, a_{i}\right]$ and by using the additivity result with respect to the domain of integration (see Proposition 17), we have

$$
\int_{a}^{b} f(x) \mathrm{d} x=\sum_{i} \int_{a_{i-1}}^{a_{i}} f(x) \mathrm{d} x
$$

therefore $f \in \mathcal{R}([a, b])$.
The following proposition is claiming that the space of functions $\mathcal{R}([a, b])$ is a vector space on $\mathbb{R}$, indeed the map that associates to a function $f \in \mathcal{R}([a, b])$ the number $\int_{a}^{b} f(x) \mathrm{d} x$ is linear (additive $a)$ and homogeneous $b$ )).

Proposition 13. Let $f, g \in \mathcal{R}([a, b])$ and $\alpha \in \mathbb{R}$, then
a) $f+g \in \mathcal{R}([a, b])$ and

$$
\int_{a}^{b}[f(x)+g(x)] \mathrm{d} x=\int_{a}^{b} f(x) \mathrm{d} x+\int_{a}^{b} g(x) \mathrm{d} x
$$

b) $\alpha f \in \mathcal{R}([a, b])$ and

$$
\int_{a}^{b}[\alpha f(x)] \mathrm{d} x=\alpha \int_{a}^{b} f(x) \mathrm{d} x
$$

Proof. a)
This proof is left as an exercise. Just be careful, because in general we have that

$$
\begin{aligned}
& \sup _{P} L(f+g, P) \leq \sup L(f, P)+\sup _{P} L(g, P) \\
& \inf _{P} L(f+g, P) \geq \inf L(f, P)+\inf _{P} L(g, P)
\end{aligned}
$$

for $f, g$ arbitrary bounded functions.
b)

Consider first $\alpha \geq 0$. Let $P$ be a partition of $[a, b]$ :

$$
\inf \left\{\alpha f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}=\alpha \inf \left\{f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}=\alpha m_{i}
$$

because $\alpha \geq 0$. Therefore,

$$
L(\alpha f, P)=\sum_{i} \alpha m_{i} \Delta x_{i}=\alpha \sum_{i} m_{i} \Delta x_{i}=\alpha L(f, P) .
$$

Similarly, $U(\alpha f, P)=\alpha U(f, P)$.
In conclusion, $(f \in \mathcal{R}([a, b]))$

$$
\sup _{P} L(\alpha f, P)=\sup _{P}\{\alpha L(f, P)\}=\alpha \sup _{P} L(f, P)=\alpha \inf _{P} U(f, P)=\inf _{P}\{\alpha U(f, P)\}=\inf _{P} U(\alpha f, P)
$$

which implies that $\alpha f \in \mathcal{R}([a, b])$.
To prove the same result for $\alpha<0$ it is sufficient to prove it for $\alpha=-1$, meaning that we need to show that if $f \in \mathcal{R}([a, b])$, then $-f \in \mathcal{R}([a, b])$.

This follows by the fact that

$$
\begin{aligned}
& \inf \left\{-f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}=-\sup \left\{f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}=-M_{i} \\
& \sup \left\{-f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}=-\inf \left\{f(x) \mid x \in\left[x_{i-1}, x_{i}\right]\right\}=-m_{i}
\end{aligned}
$$

therefore,

$$
L(-f, P)=\sum_{i}-M_{i} \Delta x_{i}=-\sum_{i} M_{i} \Delta x_{i}=-U(f, P) .
$$

Similarly, $U(-f, P)=-L(f, P)$. In conclusion, $(f \in \mathcal{R}([a, b]))$

$$
\sup _{P} L(-f, P)=\sup _{P}\{-U(f, P)\}=-\inf _{P} U(f, P)=-\sup _{P} L(f, P)=\inf _{P}\{-L(f, P)\}=\inf _{P} U(-f, P)
$$

which implies that $-f \in \mathcal{R}([a, b])$.

There are a few more properties on the space $\mathcal{R}([a, b])$.
Proposition 14. Let $f, g \in \mathcal{R}([a, b])$, $f$ a bounded unction $(m \leq f(x) \leq M$, for all $x \in[a, b])$ and $\Phi:[m, M] \rightarrow \mathbb{R}$ a continuous function $\left(\Phi \in C^{0}([m, M])\right)$. Then,
a) $f \circ \Phi \in \mathcal{R}([a, b])$
b) $f \cdot g \in \mathcal{R}([a, b])$
c) $|f| \in \mathcal{R}([a, b])$ and

$$
\left|\int_{a}^{b} f(x) \mathrm{d} x\right| \leq \int_{a}^{b}|f(x)| \mathrm{d} x
$$

## 3 Properties of the integral

Clearly, if the function $f$ has constant sign, for example if $f(x) \geq 0$ everywhere on $[a, b]$, then also $L(f, P) \geq 0$ for any partition $P$ and therefore passing to the supremum $\sup _{P} L(f, P) \geq$ 0 . If additionally $f \in \mathcal{R}([a, b])$, then its integral will be automatically a non-negative number: $\int_{a}^{b} f(x) \mathrm{d} x=\inf _{P} U(f, P)=\sup _{P} L(f, P) \geq 0$.

From this remark, the following properties follow:
Proposition 15 (Monotonicity). Let $f, g \in \mathcal{R}([a, b])$, then
a) if $f(x) \geq 0$ (respectively, $f(x) \leq 0$ ) for all $x \in[a, b]$, then $\int_{a}^{b} f(x) \mathrm{d} x \geq 0$ (resp. $\leq 0$ )
b) if $f(x) \geq g(x)$ for all $x \in[a, b]$, then $\int_{a}^{b} f(x) \mathrm{d} x \geq \int_{a}^{b} g(x) \mathrm{d} x$

It is clear that if $f(x)=0$ on $[a, b]$, then $f \in \mathcal{R}([a, b])$ and $\int_{a}^{b} f(x) \mathrm{d} x=\int_{a}^{b} 0 \mathrm{~d} x=0$. On the other hand, the reverse is not true in general. Consider for example the function

$$
g(x)= \begin{cases}1 & x \in[0,2] \\ -1 & x \in[-2,0)\end{cases}
$$

then $g \in \mathcal{R}([a, b])$ and $\int_{-2}^{2} g(x) \mathrm{d} x=0$
If we require the function to be continuous everywhere on the domain $[a, b]$ and with constant sign, then the following theorem holds.

Theorem 16 (Nullifying theorem). Let $f:[a, b] \rightarrow \mathbb{R}$ continuous and with constant sign. If $\int_{a}^{b} f(x) \mathrm{d} x=0$, then $f(x)=0$ everywhere on $[a, b]$.
Proof. Assume $f(x) \geq 0$ on $[a, b]$ (the argument is the same for $f(x) \leq 0$ ). Suppose there exists a point $y \in[a, b]$ such that $f(y)>0$ : by continuity, there exists a positive number $\alpha \in \mathbb{R}_{+}$such that $f(x)>\frac{f(y)}{2}>0$ for $x \in(y-\alpha, y+\alpha) \subseteq[a, b]$.

Define the function $g:[a, b] \rightarrow \mathbb{R}$ as

$$
g(x)= \begin{cases}\frac{f(y)}{2} & x \in(y-\alpha, y+\alpha) \\ 0 & \text { everywhere else in }[a, b]\end{cases}
$$

$g$ is integrable on $[a, b]$ because it's bounded and it has only two points of discontinuities (at $y+\alpha$ and $y-\alpha$ ); moreover, $f(x) \geq g(x)$ by construction. Therefore,

$$
0=\int_{a}^{b} f(x) \mathrm{d} x \geq \int_{a}^{b} g(x) \mathrm{d} x=\frac{f(y)}{2}(y+\alpha-y+\alpha)=\frac{f(y)}{2} 2 \alpha=\alpha f(y)>0
$$

and we reached a contradiction.
Proposition 17 (Additivity with respect to the interval of integration). Let $f:[a, b] \rightarrow \mathbb{R}$ and $c \in(a, b)$, then $f \in \mathcal{R}([a, b])$ if and only if $f \in \mathcal{R}([a, c])$ and $f \in \mathcal{R}([c, b])$ and the following holds

$$
\int_{a}^{b} f(x) \mathrm{d} x=\int_{a}^{c} f(x) \mathrm{d} x+\int_{c}^{b} f(x) \mathrm{d} x .
$$

Therefore, the restriction of an integrable function $f \in \mathcal{R}([a, b])$ to a sub-interval, still gives an integrable function $f \in \mathcal{R}([c, d])$ where $[c, d] \subset[a, b]$.

Proof. Consider a partition $P_{1}=\left\{x_{0}, \ldots, x_{k}\right\}$ of $[a, c]$ and a partition $P_{2}=\left\{x_{k}, \ldots, x_{n}\right\}$ of $[c, b]$, then $P=P_{1} \cup P_{2}$ is a partition of the whole interval $[a, b]$ :

$$
L(f, P)=\sum_{i=1}^{n} m_{i} \Delta x_{i}=\sum_{i=1}^{k} m_{i} \Delta x_{i}+\sum_{i=k+1}^{n} m_{i} \Delta x_{i}=L\left(f, P_{1}\right)+L\left(f, P_{2}\right)
$$

Take the supremum on both sides. Clearly, sup over all partitions of $[a, b]$ that also contain the point $c$ (as point of the partition) is smaller than taking the supremum over any kind of partition of $[a, b]: \sup _{P ; c \in P} L(f, P) \leq \sup _{P} L(f, P)$. On the other hand, if we have a partition $P$ that doesn't contain $c$, then we can consider its refinement $\widetilde{P}=P \cup\{c\}$ and we have $L(f, P) \leq L(f, \widetilde{P})$, therefore $\sup _{P} L(f, P) \leq \sup _{P ; c \in P} L(f, P)$ and we get the equality

$$
\begin{gathered}
\sup _{P} L\left(\left.f\right|_{[a, b]}, P\right)=\sup _{P ; c \in P} L\left(\left.f\right|_{[a, b]}, P\right)= \\
=\sup \left\{L\left(\left.f\right|_{[a, c]}, P_{1}\right)+L\left(\left.f\right|_{[c, b]}, P_{2}\right) \mid P_{1}=\operatorname{partition} \text { of }[a, c], P_{2}=\text { partition of }[c, b]\right\}= \\
=\sup \left\{L\left(\left.f\right|_{[a, c]}, P_{1}\right) \mid P_{1}=\operatorname{partition} \text { of }[a, c]\right\}+\sup \left\{L\left(\left.f\right|_{[c, b]}, P_{2}\right) \mid P_{2}=\operatorname{partition} \text { of }[c, b]\right\}
\end{gathered}
$$

The same argument can be used to prove that

$$
\begin{gathered}
\inf _{P} U\left(\left.f\right|_{[a, b]}, P\right)= \\
=\inf \left\{U\left(\left.f\right|_{[a, c]}, P_{1}\right) \mid P_{1}=\operatorname{partition~of~}[a, c]\right\}+\inf \left\{U\left(\left.f\right|_{[c, b]}, P_{2}\right) \mid P_{2}=\text { partition of }[c, b]\right\}
\end{gathered}
$$

Now we can easily prove the double implication.

## $(\Rightarrow)$

If $f \in \mathcal{R}([a, b])$, then

$$
\begin{gathered}
\inf _{P_{1}} U\left(\left.f\right|_{[a, c]}, P_{1}\right)+\inf _{P_{2}} U\left(\left.f\right|_{[c, b]}, P_{2}\right)=\inf _{P} U\left(\left.f\right|_{[a, b]}, P\right)=\sup _{P} L\left(\left.f\right|_{[a, b]}, P\right)= \\
=\sup _{P_{1}} L\left(\left.f\right|_{[a, c]}, P_{1}\right)+\sup _{P_{2}} L\left(\left.f\right|_{[c, b]}, P_{2}\right)
\end{gathered}
$$

On the other hand, in general we have

$$
\sup _{P_{1}} L\left(\left.f\right|_{[a, c]}, P_{1}\right) \leq \inf _{P_{1}} U\left(\left.f\right|_{[a, c]}, P_{1}\right) \quad \text { and } \quad \sup _{P_{2}} L\left(\left.f\right|_{[c, b]}, P_{2}\right) \leq \inf _{P_{2}} U\left(\left.f\right|_{[c, b]}, P_{2}\right)
$$

implying the equality

$$
\begin{aligned}
& \sup _{P_{1}} L\left(\left.f\right|_{[a, c]}, P_{1}\right)=\inf _{P_{1}} U\left(\left.f\right|_{[a, c]}, P_{1}\right)=\int_{a}^{c} f(x) \mathrm{d} x \\
& \sup _{P_{2}} L\left(\left.f\right|_{[c, b]}, P_{2}\right)=\inf _{P_{2}} U\left(\left.f\right|_{[c, b]}, P_{2}\right)=\int_{c}^{b} f(x) \mathrm{d} x
\end{aligned}
$$

and the formula $\int_{a}^{b} f(x) \mathrm{d} x=\int_{a}^{c} f(x) \mathrm{d} x+\int_{c}^{b} f(x) \mathrm{d} x$ holds.

$$
(\Leftarrow)
$$

If $f \in \mathcal{R}([a, c])$ and $f \in \mathcal{R}([c, b])$, then

$$
\begin{gathered}
\inf _{P} U\left(\left.f\right|_{[a, b]}, P\right)=\inf _{P_{1}} U\left(\left.f\right|_{[a, c]}, P_{1}\right)+\inf _{P_{2}} U\left(\left.f\right|_{[c, b]}, P_{2}\right)=\sup _{P_{1}} L\left(\left.f\right|_{[a, c]}, P_{1}\right)+\sup _{P_{2}} L\left(\left.f\right|_{[c, b]}, P_{2}\right)= \\
=\sup _{P} L\left(\left.f\right|_{[a, b]}, P\right)
\end{gathered}
$$

therefore $f \in \mathcal{R}([a, b])$ and the formula $\int_{a}^{b} f(x) \mathrm{d} x=\int_{a}^{c} f(x) \mathrm{d} x+\int_{c}^{b} f(x) \mathrm{d} x$ holds.
Theorem 18 (Mean Value Theorem for Riemann Integral). Given $f \in \mathcal{R}([a, b])$, then $\exists \gamma \in \mathbb{R}$ such that

$$
\int_{a}^{b} f(x) \mathrm{d} x=\gamma(b-a)
$$

where

$$
m=\inf _{[a, b]} f(x) \leq \gamma \leq \sup _{[a, b]} f(x)=M
$$

In particular, if $f \in C^{0}([a, b])$, then there exists $c \in(a, b)$ such that $\gamma=f(c)$.
Proof. Since $f$ is bounded $(m \leq f(x) \leq M$ for all $x \in[a, b])$ and by monotonicity (Proposition 15), we have

$$
m(b-a)=\int_{a}^{b} m \mathrm{~d} x \leq \int_{a}^{b} f(x) \mathrm{d} x \leq \int_{a}^{b} M \mathrm{~d} x=M(b-a)
$$

Therefore the number

$$
\gamma:=\frac{1}{b-a} \int_{a}^{b} f(x) \mathrm{d} x
$$

is a real number such that $m \leq \gamma \leq M$. Furthermore, if $f$ is continuous, the intermediate value theorem guarantees that there exists at least one point $c \in[a, b]$ such that $f(c)=\gamma$.

So far, we always assumed that $a<b$ for the intervals of integration. In general, for any $f \in \mathcal{R}([a, b])$, we set

$$
\begin{aligned}
& \text { - } \int_{a}^{a} f(x) \mathrm{d} x=0 \\
& \text { - } \int_{b}^{a} f(x) \mathrm{d} x=-\int_{a}^{b} f(x) \mathrm{d} x
\end{aligned}
$$

## 4 Integral function and its properties

Consider a function $f:[a, b] \rightarrow \mathbb{R}$, integrable on $[a, b]$ and fix a point $x_{0} \in[a, b]$.
Definition 19. The integral function of $f$ with base point $x_{0}$ is the function $F_{x_{0}}:[a, b] \rightarrow \mathbb{R}$ defined as

$$
F_{x_{0}}(x)=\int_{x_{0}}^{x} f(t) \mathrm{d} t
$$

If we fix another point $x_{1} \in[a, b]$, then we get a new integral function $F_{x_{1}}$ with this new base point. What is the relationship between $F_{x_{0}}$ and $F_{x_{1}}$ ?

$$
F_{x_{1}}(x)=\int_{x_{1}}^{x} f(t) \mathrm{d} t=\int_{x_{1}}^{x_{0}} f(t) \mathrm{d} t+\int_{x_{0}}^{x} f(t) \mathrm{d} t=C+F_{x_{0}}(x)
$$

where we set $C=\int_{x_{1}}^{x_{0}} f(t) \mathrm{d} t$ ( $f$ is integrable on $[a, b]$, therefore it's integrable on the smaller interval with endpoints $x_{1}$ and $x_{0}$ ).

This means that two integral functions of the same function $f$ but with different base point differ by a constant. If we want to study the properties of this type of functions is sufficient to study just one of them, say $F_{a}(x)$ (the integral function with base point the left endpoint $x=a$ ).

From now on, we will denote simply by $F$ the integral function of $f$ with base point $a$.
Theorem 20 (Fundamental theorem of calculus). Let $f \in \mathcal{R}([a, b])$, then the integral function

$$
F(x)=\int_{a}^{x} f(x) \mathrm{d} x
$$

is uniformly continuous on $[a, b]$.
Moreover, if $f$ is also continuous in a point $c \in[a, b]$, then $F$ is differentiable in that point $c$ and we have

$$
F^{\prime}(c)=f(c) .
$$

Proof. Let $x, y \in[a, b]$. We know that $f$ is bounded $(\exists K>0$ such that $|f(x)| \leq K$ for all $t \in[a, b])$ :

$$
|F(x)-F(y)|=\left|\int_{a}^{x} f(t) \mathrm{d} t-\int_{a}^{y} f(t) \mathrm{d} t\right|=\left|\int_{x}^{y} f(t) \mathrm{d} t\right| \leq\left|\int_{x}^{y}\right| f(t)|\mathrm{d} t| \leq\left|K \int_{x}^{y} \mathrm{~d} t\right|=K|x-y| \rightarrow 0
$$

if $y \rightarrow x$; therefore, $F$ is continuous on $[a, b]$.
Clearly, for any $\epsilon$, we can pick $\delta=\epsilon$ (and this choice does not depend on $x, y$ ) and we get that

$$
|F(x)-F(y)| \leq K|x-y|<K \delta=K \epsilon,
$$

implying that $F$ is actually uniformly continuous on $[a, b]$.
Assume now that $f$ is continuous at a point $c \in[a, b]$ : this means that $\forall \epsilon>0 \exists \delta=\delta(\epsilon, c)>0$ such that $|f(t)-f(c)|<\epsilon$ for $|t-c|<\delta$. We write now the increment ratio of $F$ :

$$
\begin{gathered}
\frac{F(x)-F(c)}{x-c}=\frac{1}{x-c}\left[\int_{a}^{x} f(t) \mathrm{d} t-\int_{a}^{c} f(t) \mathrm{d} t\right]=\frac{1}{x-c} \int_{c}^{x} f(t) \mathrm{d} t= \\
=\frac{1}{x-c} \int_{c}^{x}[f(t)+f(c)-f(c)] \mathrm{d} t=\frac{1}{x-c} \int_{c}^{x}[f(t)-f(c)] \mathrm{d} t+\frac{1}{x-c} \int_{c}^{x} f(c) \mathrm{d} t= \\
=\frac{1}{x-c} \int_{c}^{x}[f(t)-f(c)] \mathrm{d} t+f(c)
\end{gathered}
$$

Now given $\epsilon>0$, for all $x$ such that $|x-c|<\delta$ (which implies that also all $t$ between $c$ and $x$ ] are also such that $|t-c|<\delta)$

$$
\begin{gathered}
\left|\frac{F(x)-F(c)}{x-c}-f(c)\right|=\left|\frac{1}{x-c} \int_{c}^{x}[f(t)-f(c)] \mathrm{d} t\right| \leq \frac{1}{|x-c|}\left|\int_{c}^{x}\right| f(t)-f(c)|\mathrm{d} t|< \\
<\frac{\epsilon}{|x-c|}\left|\int_{c}^{x} \mathrm{~d} t\right|=\epsilon \rightarrow 0
\end{gathered}
$$

therefore $F$ is differentiable in $c$ and we have that $F^{\prime}(c)=f(c)$.

The theorem claims that if $f$ is continuous everywhere on $[a, b]$, then its integral function $F$ is a primitive (antiderivative) of $f$.

Definition 21. A function $F:[a, b] \rightarrow \mathbb{R}$ is called primitive or antiderivative of a function $f:[a, b] \rightarrow \mathbb{R}$ if $F$ is differentiable on $[a, b]$ and $F^{\prime}(x)=f(x)$ for all $x \in[a, b]$.

Theorem 22 (Fundamental theorem of calculus - part II). Let $f:[a, b] \rightarrow \mathbb{R}$ be a continuous function and let $\phi$ be an antiderivative of $f$ on $[a, b]$. Then,

$$
\int_{a}^{b} f(t) \mathrm{d} t=\phi(b)-\phi(a) .
$$

Proof. Since $f$ is continuous, then $f$ is integrable on $[a, b]$ and its integral function $F(x)=\int_{a}^{x} f(t) \mathrm{d} t$ is an antiderivative of $f$. Since $\phi$ is another antiderivative of $f, \phi$ differs from $F$ by a constant:

$$
\phi(x)=F(x)+C=\int_{a}^{x} f(t) \mathrm{d} t+C \quad \forall x \in[a, b] .
$$

Setting $x=a$ in the equation above we get $C=\phi(a)$ and setting $x=b$ we get the statement:

$$
\phi(b)=\int_{a}^{b} f(t) \mathrm{d} t+\phi(a)
$$

We discuss now the two main strategies for calculating an integral: integration by parts and change of variable.

Proposition 23 (Integration by parts). Let $f, g:[a, b] \rightarrow \mathbb{R}$ such that $f, g \in C^{1}([a, b])$. Then,

$$
\int_{a}^{b} f(t) g^{\prime}(t) \mathrm{d} t=f(b) g(b)-f(a) g(a)-\int_{a}^{b} f^{\prime}(t) g(t) \mathrm{d} t
$$

Sketch of the proof. Apply Leibniz rule for the derivative of the product.
Regarding the "change of variable" technique, we need to first establish some reasonable hypothesis: if we set $s=g(t)$, where the variable $t \in[a, b]$ and the new (dependent) variable $s$ varies in a new interval, say $[\alpha, \beta]$, we need the mapping $t \mapsto g(t)=s$ to be a bijection between $[a, b]$ and $[\alpha, \beta]$; moreover, we need to require that if such map is regular on $[a, b]$ (say, it's a continuous function with continuous derivative), also its inverse has the same regularity.

Such properties are certainly satisfied if we assume the following hypothesis:
Proposition 24 (Change of variable). Let $f:[\alpha, \beta] \rightarrow \mathbb{R}$ be a continuous function and let $g:[a, b] \rightarrow \mathbb{R}$ be a $C^{1}([a, b])$-function with derivative $g^{\prime}(t) \neq 0$ for all $t \in[a, b]$ and $g([a, b])=[\alpha, \beta]$. Then

$$
\int_{a}^{b} f(g(t)) g^{\prime}(t) \mathrm{d} t=\int_{g(a)}^{g(b)} f(s) \mathrm{d} s
$$

Proof. First of all we notice that since $f, g, g^{\prime}$ are continuous, then $(g \circ f) \cdot g^{\prime} \in \mathcal{R}([a, b])$. Consider the integral function

$$
F(y)=\int_{g(a)}^{y} f(s) \mathrm{d} s
$$

by the Fundamental theorem of calculus we know that $F$ is differentiable and $F^{\prime}(y)=f(y)$ for all $y \in[g(a), g(b)]$. We apply now the chain rule: if $y=g(t)$, then

$$
[F(g(t))]^{\prime}=F^{\prime}(g(t)) g^{\prime}(t)=f(g(t)) g^{\prime}(t)
$$

also $F(g(a))=\int_{g(a)}^{g(a)} f(s) \mathrm{d} s=0$, therefore

$$
\int_{g(a)}^{g(b)} f(s) \mathrm{d} s=F(g(b))=F(g(b))-F(g(a))=\int_{a}^{b}[F(g(t))]^{\prime} \mathrm{d} t=\int_{a}^{b} f(g(t)) g^{\prime}(t) \mathrm{d} t .
$$

